HRP of CPA
Human Resource Professionals of Central PA

NEWSLETTER

ISSUE 1 | JANUARY 2026



Message from the President



As we begin a new year, I want to extend my sincere gratitude to each of you for your continued support of HRPCPA. Your engagement, dedication, and belief in our mission are what make this organization strong. It is truly an honor to serve as your president, and I am grateful for the opportunity to lead such a committed and talented HR community into another year of growth and possibility.

Entering my second year as president, my focus is clear: growth, member engagement, and member support.

Growth means expanding our reach, strengthening our partnerships, and ensuring our organization remains relevant in an ever-changing workplace landscape. Engagement means creating meaningful opportunities for connection, learning, and collaboration so every member feels valued and involved. Support means equipping you with tools, trusted resources, and a professional community you can rely on, no matter your role or career stage.

My vision is for HRPCPA to be a community where members feel confident, capable, and inspired. A community where HR professionals are equipped with the tools they need to be effective and confident in whatever role they serve. When HR professionals are supported and empowered, organizations thrive and so do the people within them.

As we move forward together, I encourage you to stay engaged, share your voice, and take advantage of all this organization has to offer. Together, we will continue building a strong, connected, and forward-thinking HR community in Central Pennsylvania.

This organization and its members represent a community I care so deeply about. Your commitment to the profession and to one another inspires me every day, and it is a privilege to lead a community that means so much to me. Here's to a successful and inspiring year ahead!

Darice Mayhew, SHRM-SCP
President

Want to get involved in 2026? We are now accepting sponsors for virtual and in-person chapter meetings, our Risk and Mitigation L&L webinar series, our professional development lunch & learn series, and annual conference!

Visit our SPONSORS page at www.hrpcpa.org for more info!

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Skills-First at Work

From the SHRM Foundation: We envision a world where all people have equal access to employment, the opportunity to advance in their careers and a shot at sustained economic advancement. To get there, HR and hiring managers must first be able to identify the unique skills people bring to the table. That includes skills possessed by individuals without a four-year degree or traditional work experience. In partnership with the Charles Koch Foundation, SHRM & the SHRM Foundation developed a toolkit to help HR and hiring managers make those dreams a reality for workers and workplaces. You can access it here.





HR LEADERSHIP RESOURCE SURVEY & RAFFLE ENTRY

We are updating our resource list and we need your help! With a 10-minute donation of your time, you can help us!

Scan the QR code and take the survey. Every survey hero is entered into a raffle for a chance to win a gift card! Must be present at the January 27 chapter meeting to win.



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Be The Wellness You Want to See!

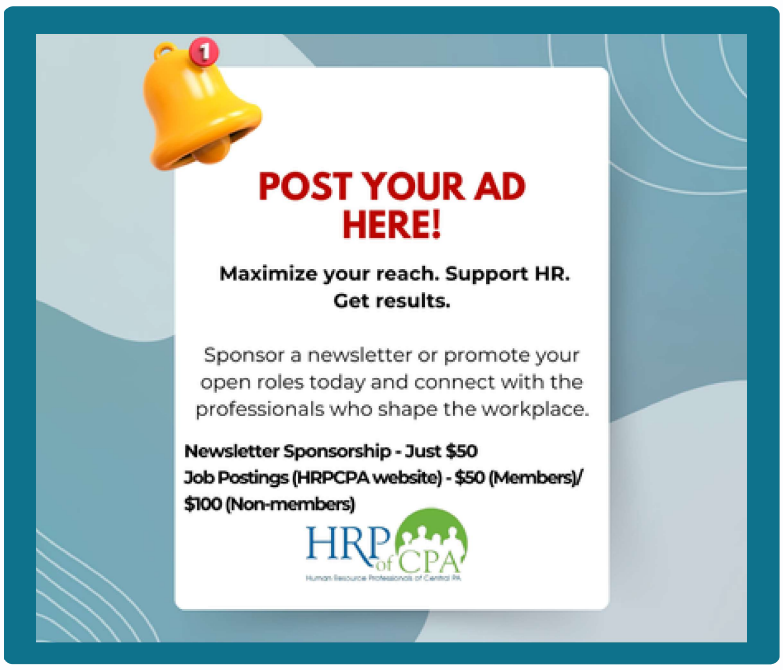


What does wellness mean to you? For many in HR, it often translates into creating employee programs that promote preventive screenings, educating staff about available EAP, financial, and benefit resources, and developing initiatives that foster an engaged and supported workforce. But as you build these programs, I encourage you to pause and ask yourself: ***Are you making health and wellness a priority in your own life?***

As a Senior Health Education Consultant at Capital Blue Cross, I work closely with HR leaders who care deeply about the well-being of their employees - so much so that they often overlook their own. Yet true leadership in wellness requires modeling the very behaviors we hope others will adopt. That might look like taking a PTO day for a preventive exam, stepping away from your desk for a real lunch break, standing while you work, taking five intentional breaths before responding to an email, or enjoying a mid-afternoon walk outside.

Wellness isn't just a program we design; it's a practice we embody. *When HR professionals prioritize their own well-being, they not only protect their personal health but also strengthen the credibility and impact of the initiatives they champion. By caring for yourself with the same dedication you offer your employees, you create a culture where wellness is not just encouraged - it's lived.*

Nicole Cassel
M.Ed, SHRM-CP, Communications Committee Member





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